

PERSONAL SAFETY PLANNING

Make a Personal Safety Plan by using this document to generate ideas that work for YOU.

Checklist-When You Leave You Will Take

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|--|-------------------------------------|
| _____ Identification-CareCards/Aboriginal status cards | _____ Children |
| _____ Driver's license, car title and registration | _____ Children's birth certificates |
| _____ Birth and marriage certificates | _____ Money (incl coins for phone) |
| _____ Restraining Order/Peace Bond/Custody papers | _____ Bank books/Chequebooks |
| _____ Lease, rental agreement, house deed | _____ Insurance papers |
| _____ House and car keys | _____ Medications |
| _____ Medical records for all family members' | _____ Address books, Pictures |
| _____ Social Insurance cards | _____ Welfare identification |
| _____ School records | _____ Work permits |
| _____ Immigration papers, Passport | _____ Divorce papers |
| _____ Jewelry, Children's small toys | _____ Pets |
| _____ Picture of ex for ID purposes | _____ Credit cards |

Other Things To Take:

Things I plan to pick up later (with police accompaniment):
